

OCT 24-27, 2019

YOGGA + YARN

THURSDAY 24

5pm Arrival

6pm Yoga

7pm Welcome toast & Dinner

FRIDAY 25

Coffee and light breakfast available

9-10:30am Yoga

10:30-11:30am Knitting

11:30am-12:30pm Lunch

12:30-2:30pm Needle Felting class \$50

2:30-4:30pm Knitting & free time

4:30-6:00pm Yin Yoga

7:00pm Dinner

SATURDAY 26

Coffee and light breakfast available

9-10:30am Yoga

10:30-11:30am Knitting

11:30am-12:30pm Lunch

12:30-4:30pm Optional excursion - spinnery tour more details TBD

5:00-6:30pm Yin Yoga

7:00pm Dinner

SUNDAY 27

Coffee and light breakfast available

9-10:00am Yoga

10:00-10:30am Knitting

10:30am Brunch

12:00pm Departure